

# Rifton Blue Wave Toileting System

## Sample Letter of Medical Necessity



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## Components of a letter of Medical Necessity

### **Describe who you are, what you want, and beneficiary's name:**

As John Doe's therapist, I am requesting funding authorization for a Rifton Blue Wave Toileting System.

### **Explain the beneficiary's condition, including diagnosis, or nature of the injury:**

John Doe has \_\_\_\_\_ and is currently (describe ability to sit, stand, and walk including amount of assistance needed for each activity pertinent to the piece of equipment).

### **Discuss the impact on the beneficiary's and caregiver's life noting both the limitations and abilities without the requested equipment:**

Finding a toileting system that meets the needs and safety issues of significantly involved children and their caregivers presents a multitude of challenges. It is further complicated when taking into consideration a variety of bathroom sizes and configurations. The incidence of injury is significantly higher in this area of care because of these obstacles. Please refer to the following breakdown of needs, safety factors and space management issues:

### **Describe needs and safety factors for caregivers:**

To prevent back injury, caregivers must have an environment conducive to level transfers with adequate room to maneuver themselves, wheelchairs, the child or adult, and the equipment used for bathing or toileting. In addition to this, as children grow, caregivers and family members are at a greater risk of injury due to increasingly difficult transfers.

### **Discuss the needs and safety factors for children/adults with significant support needs:**

A toileting system must offer supports for head, trunk, hips, and legs as needed for safety while allowing for freedom of movement so the child can learn self help skills in the area of personal hygiene. The system must also allow for opportunities to learn stand, pivot transfers as the child grows and develops self management skills. To further accommodate for growth, a system must allow progression from being a stand alone system that is highly supportive to one that fits over a toilet and finally, one that gives support on the toilet itself. This not only accommodates physical growth but also allows for greater independence as the child learns new skills of sitting, standing, and walking.

Funding for the Rifton Blue Wave Toileting System is being requested for John Doe as this system offers solutions to the multitude of problems discussed above and more.

### **Describe equipment, adjustments for growth, psychological benefits, and benefits to caregivers:**

The Blue Wave Toileting System works as a free standing commode, over the toilet, on the toilet, or can be used as a shower chair. Both small and large toilet seats are easily adjustable allowing for growth over a long period of time and both will fit into the same frame: this is a cost efficient system.



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Typically, John Doe’s family must transfer John from bed to wheelchair to toilet to shower chair to wheelchair in a routine morning. A toileting system that is on locking wheels, offering maximum safety supports for John and one that eliminates two out of four transfers in one morning, is a tremendous relief both mentally and physically for John and his family. Over a long period of time, this significantly reduces the incidence of injury for the caregivers—an obvious saving to an insurer.

Because the Blue Wave Toileting System offers supports for head, trunk, hips, and legs that can be eliminated on the free standing system and can be added back as John Doe learns to sit on the toilet, he will have many opportunities to safely work on developing good hygiene skills while becoming more independent with toileting skills. The benefits of this go beyond physical progression. As John Doe gains dignity and self-esteem, his family will be freed from constant caregiving.

The Blue Wave Toileting System allows for growth from infancy to adulthood, with only two sizes of toilet seats, and can be used as a shower chair. This means that John Doe will need only one system his entire life, an option not offered with other bathing systems and thus another significant saving to the insurer.




### Itemization of the Blue Wave Toileting System

Item	Description	Medical Necessity	Cost
<b>E825</b> 	<b>Small Toilet Seat</b> Includes deflector, armrests, hip strap and mounting bar. For children 30”-50” tall.	Seating support system that fits on frame or over toilet offering support at the hips for safety and growth.	
<b>E841</b> 	<b>Large Toilet Seat</b> Allows for growth for users 48” to 72” tall.	Progresses toileting system through skill development and lifetime growth.	
<b>E892</b> 	<b>Back for Small System</b> Includes chest straps and head blocks.	Allows for maximum support and safety while using toilet system.	
<b>E895</b> 	<b>High Back for Large System</b> Allows for growth as above.	To adjust for growth from small to large size.	
<b>E893</b> 	<b>Low Back for Large System</b> Fewer support straps.	For use when additional chest and head supports are not needed	
<b>E853</b> 	<b>Small Anterior Support Tray</b> Offers placement of communication devices/hygiene articles, etc.	Important for learning and forward support.	
<b>E854</b> 	<b>Large Anterior Support Tray</b> Allows for growth from small to large toilet seat.	Important for learning and forward support.	
<b>E891</b> 	<b>Frame and Pan</b> Supports toilet seat and independent standing system.	Necessary to complete system and can be used with both small and large toilet seats.	



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Item	Description	Medical Necessity	Cost
<b>E856</b> 	<b>Footboard</b> Includes footstraps and mounts on frame.	Necessary for maximum support system and can be used with both small and large toileting systems	
<b>E855</b> 	<b>Abductor</b> Mounts on toilet seat to offer knee comfort and positioning	Necessary for knee positioning.	
<b>E857</b> 	<b>Additional Mounting Bar</b> Convenient if toilet seat is used in more than one bathroom. The system can then be adapted to multiple locations as needed.	Continued safety and convenience for mounting. Use in multiple locations with both the small and large toileting systems.	
<b>TOTAL LIFE TIME COST</b>	<b>Toileting System and Shower Chair</b> Includes allowances for growth from child to adult.		

**Make the person real:**

By being able to actively participate in his own self care, John Doe will learn basic living skills of personal hygiene that will help him achieve a sense of independence and dignity. If these needs are met, John Doe will be happier, healthier and better able to benefit from his home and school environment.

This also passes on tremendous benefits to John’s family and caregivers. As John becomes independent with his care and better able to assist with transfers, the risk of injury for caregivers is significantly reduced.

The Blue Wave Toileting System will fulfill John Doe’s need for security and freedom of movement to develop the skills necessary for him to be the best he can be as he grows to adulthood.

**Summarize and reiterate cost benefits:**

Toileting and bathing involve the most difficult tasks for families and caregivers of persons with significant support needs.

The adaptability, adjustability, and compactness of the Blue Wave Bathing System takes all the obstacles presented in the bathroom environment into consideration and lowers the risk factor to an enormous population of caregivers thereby potentially lowering costs to the insurer of future injury claims.

Because the Blue Wave System accommodates for growth and can also be used as a shower chair, the efficacy of this equipment makes this system most desirable for the client and the insurer.

Taking all these factors into consideration, the Blue Wave Toileting System will not only meet the needs of John Doe and his family and caregivers, but also be most cost-effective to the insurer.

**Don’t forget to include pictures of the Blue Wave Toileting System.**

## The Blue Wave Toileting System from Rifton



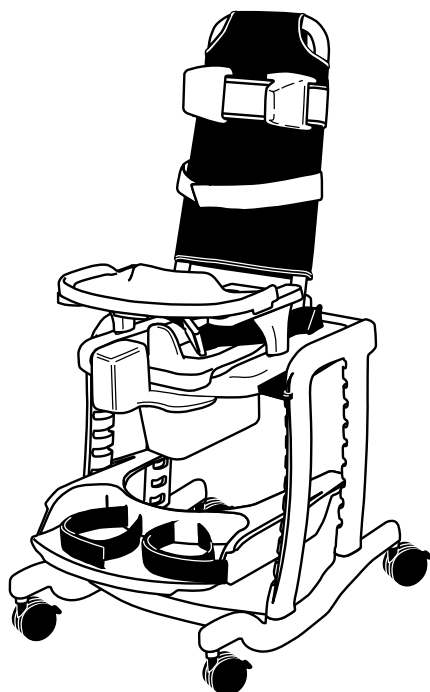
**Small Toilet System**



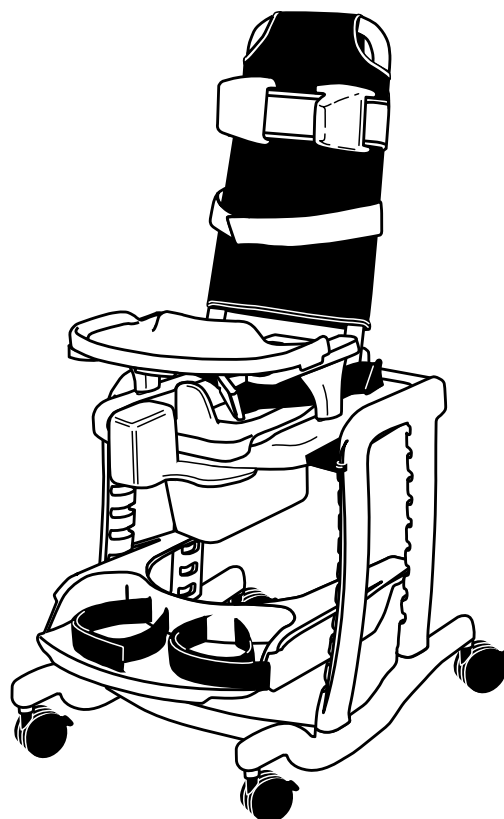
**Large Toilet System with Low Back**



**Large Toilet System with High Back**



**Small Toilet System E806**



**Large Toilet System E808**